

Travel Balance Climb



Purpose

Our 'Travel Balance Climb' unit places special emphasis on developing children's fundamental movement skills. Children will have the opportunity to develop their understanding of simple fun gym shapes, actions and sequences.

Within this unit, children will work in small groups and explore different floor exercises, work on body management and have the opportunity to explore different equipment.

Key Success Criteria

Travel
How can I show my feelings in my movement?

Can I use canon in my sequences?

Can I show canon, levels and use all of the space?

Balance
Develop my balance through different types of movements

Experiment with classmates and explore partner balances

Balance on different types of equipment

Climb
Can I climb up and through different equipment?

Can I inspire my classmates to follow me?

How can I use my imagination to climb different routes

Development Matters

Travel
Use and remember sequences and patterns.

Progress towards a more fluent style of moving, with developing control and grace

Combine different movements with ease and fluency.

Balance
'Continue to develop movement and balance '

'Develop overall balance'

'Encourage children to use a range of equipment, logs and planks to balance on'

Climb
'Encourage children to use a range of equipment. This might include, ropes to pull up on, A-frames and ladders to climb, climbing walls and monkey bars'

Perform Explore Improve



Purpose

The 'Perform Explore Improve' unit will give children the opportunity to develop and enjoy different movements and actions. Children will explore how and when to link these together whilst creating a performance.

Children will work individually and in small groups in order to experiment with different stimuli, equipment and tasks.

Key Success Criteria

Perform
I move my body to music in a way that makes me happy

I use different actions, levels and movements

Im working on being in control of my body when moving at different speeds

Explore
How can I work with my friends to develop my ideas

How does different music and pictures make me feel.
Can I express myself through movement?

Whats the best way to move around the equipment

Improve
How can I use past performances to improve future ones?

Understand that in order to improve, I must be willing to make mistakes

Learn from others and compare with myself

National Curriculum

'Perform dances using simple movement patterns.'

'Develop fundamental movement skills.'

'Access a broad range of opportunities to extend their agility, balance and coordination, individually and with others.'

**Individual and group
challenges**



Purpose

Our 'Individual and group challenges' theme will allow children the opportunity to set targets and work on achieving their goals within many different context.

Children will enjoy a variety of activities, ranging from dance and gymnastics to orienteering and team games. The purpose of this theme is to encourage children to find joy in having ownership of their learning, whilst also understanding how their choices affect others experience.

Key Success Criteria

Be kind to yourself

Communicate and collaborate with teammates

Be responsible for your own learning

Encourage others to try their best

National Curriculum

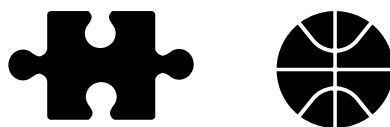
'Pupils should be taught to demonstrate improvement to achieve their personal best'

'Take part in outdoor and adventurous activity challenges both individually and within a team'

'Perform dances using a range of movement patterns'

'Enjoy communicating, collaborating and competing with each other'

Problem-solving in games



Purpose

This term's theme gives children the opportunity to explore and reflect on how to solve problems in games. We want our children to feel confident enough, and have the language to, collaborate and communicate with their class mates in order to reach a common goal.

Within this unit, children will participate in pair and team games focused around playing, practising and then trying again. Games will allow children to connect, build confidence, explore different choices and recognise that everybody's contribution is valued.

Key Success Criteria

Being patient and respectful to others

Sharing ideas with each other

Appreciating the help of others

Discussing formations and strategies

Being creative and brave enough to try new ideas

National Curriculum

'Enjoy communicating, collaborating and competing with each other.'

'Embed values such as fairness, respect and kindness.'

'Develop an understanding of how to improve in different physical activities and sports.'

'Apply skills, learning how to use them in different ways'