



A list of helpful resources that residents can access if they need help and support:

- * **(CAMDEN)** If you have a **medical condition** which makes you extremely vulnerable to Covid-19 you can register for support with food, shopping deliveries or additional care from the Government <https://www.gov.uk/coronavirus-extremely-vulnerable>.
- * **(CAMDEN)** The Council's Contact Camden hub can provide **support and advice** to residents with concerns about Covid-19 – this is 0207 974 4444, option 9.
- * **(CAMDEN)** Camden has launched a £3 million **hardship fund**, which can support residents with: emergency one-off payments to help residents with no savings or money in their accounts; a three month break from paying Council Tax for those on the lowest incomes; and help with extra support including food packages and benefit advice. Please visit www.camden.gov.uk/coronavirus or more information or ring the Contact Camden number on 0207 974 4444, option 9.
- * **(CAMDEN)** Further support is available from the £1.7 million Camden Council has invested in its Local **Welfare Assistance Fund**, which will give residents in an immediate financial crisis access to a one-off payment to pay their bills or buy shopping. Please visit www.camden.gov.uk/coronavirus for more information or ring the Contact Camden number on 0207 974 4444, option 9.
- * **(CAMDEN)** Camden is working closely with **Age UK Camden** to support elderly residents, who are able to give older people emergency food parcels, as well as access to advice and counselling services. Elderly people are encouraged to call 020 7239 0400 if they need support. They also welcome donations, which can be given here <https://www.justgiving.com/campaign/AUCamdenonavirusappeal> .
- * **(CAMDEN)** If you need emergency food support you can also contact **Camden Foodbank** by calling 020 7387 4551 or emailing info@camden.foodbank.org.uk.
- * Local **MP Tulip Siddiq** has launched www.togetheragainstcoronavirus.com, a website with **information and resources** to help all Hampstead and Kilburn residents work together to get through the coronavirus crisis. If you need urgent help she can be contacted on tulip.siddiq.mp@parliament.uk.
- * **(CAMDEN)** Local **councillors** can also help residents with Council-related matters – to find your local councillor please type your postcode into Camden's website here: <https://www.camden.gov.uk/find-your-ward-and-ward-map>.
- * **(CAMDEN)** Camden recognises that many **businesses** need urgent help and they have written to businesses with information about support available locally and nationally. Please ring 0207 974 6460 if you need support.
- * **(CAMDEN)** Camden council has collated all the services in the borough here: <https://coronavirus-help.camden.gov.uk/> You can search by postcode or type of service.
- * **(NW6)** If you know someone in the NW6 area who would benefit from a weekly food parcel, you can refer them (or they can refer themselves) to the **Foodcycle** service using this



form <https://volunteer.foodcycle.org.uk/referral>. Please ensure you have their consent to be referred! You could also phone Camden Council option 9 to request a food parcel.

* **(BRENT)** Brent's largest foodbank Sufra Food Bank: Contact via this website if you need help or can help: www.sufra-nwlondon.org.uk

Organisations that provide cooked meals

A small charity called FEAST WITH US is collecting surplus food to make vegetarian meals for people in need. If you would like to apply for meals, please go to their website: <https://www.feastwithus.org.uk>

Language

There is a platform to connect multi-lingual volunteers to Mutual Aid community groups to help reach vulnerable people who speak little or no English: <https://www.linguist-aid.org.uk/>

Mutual Aid Groups

Local volunteer groups have been set up to help people who are shielding or unable to go out. Volunteers will help you by doing your shopping, or run your errands. Find your local group here: <https://covidmutualaid.org/local-groups/>

Local Council websites:

CAMDEN:

<https://www.camden.gov.uk/covid-19>

BRENT:

Emergency support from Brent Council

<https://www.brent.gov.uk/your-community/coronavirus/emergency-support/>

BARNET:

Urgent help and support

<https://www.barnet.gov.uk/coronavirus-covid-19-latest-information-and-advice/urgent-help-and-support-covid-19-helpline>