

The WHPS Weekly

Friday 22nd March



Dear Parent and Carers,

What a busy week we've had! It's so nice that the weather is a little bit brighter and it's getting warmer.

Year 3 had an amazing trip to perform with *The Place* on Tuesday evening! We can't wait to see all of the professional photos– every member of staff and every parent commented on how fantastic the event was. Well done to all of the children who took part and represented our school so beautifully. Thank you to all the teachers who supported them and to all the parents for supporting on the day.

We also had a wonderful class assembly from Lily Class today showcasing all of their amazing learning.
What a brilliant end to the week!

Next week, is a shorter week but will still be jam-packed with learning and end of term activities, including performances and trips!

School finishes at 2pm on Thursday.

Have a lovely weekend,

Miss Bones (Deputy Head teacher)

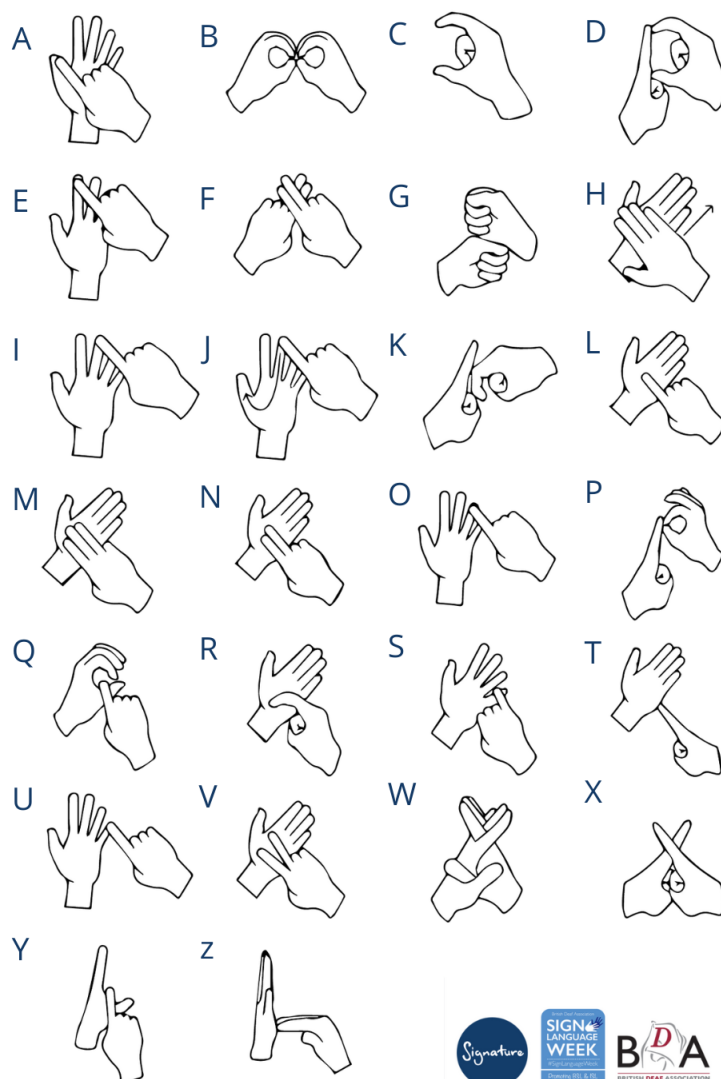
EVENTS NEXT WEEK

MONDAY:	Seine Class Swimming PM Riba Trip for Eco /Art Club 9:15-10:15 Prospective Parent Tour Yr6 NCMP Height and Weight check
TUESDAY:	2-5pm Choir to The Camden Primary Choirs Concert
WEDNESDAY:	Yr5 Perform National Opera Project to Yr6 and parents/carers Mersey Class Swimming PM
THURSDAY:	11-11:30 am Golden Time 2PM SCHOOL FINISHES
FRIDAY:	School Closed BANK HOLIDAY

We are proud to be a Deaf Aware Community at WHPS, and to celebrate Sign Language Week, here are some everyday signs suitable for the whole family to learn.

British Sign Language was officially recognised by in 2022 as a language of the UK, so there has never been a better time to learn!

FINGERSPELLING CHART





Mother

Fingerspell 'M' taps palm twice.



Father

Index and middle finger of primary hand tap index and middle fingers of secondary hand twice.



Sister

Hooked index finger, closed hand taps the nose twice.



Brother

Closed hands brush up and down against each other, in front of body.



Auntie

Index and middle finger tap chin twice. Lip pattern 'Auntie'.



Uncle

Index and middle finger tap chin twice. Lip pattern 'Uncle'.



Grand

Fingerspell 'G'. Follow this with the sign for 'Mother/Father'.

FAMILY





Hello

Wave hand left and right near side of head.



How are you?

Flat hands, fingers run up chest and then hands move forward into thumbs up.



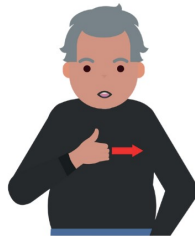
Sorry

Closed fist makes circular motion on chest.



Thank you

Flat hand, fingertips on chin. Hand moves down away from body.



Good

Closed hand, thumb up, thrust forward. (Can be done with 1 or 2 hands).



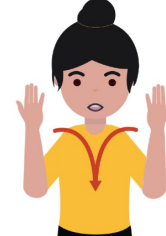
Morning

Right hand bent, fingertips tap left side of chest then right side of chest.



Afternoon

Tip of index and middle finger touch chin, then hand twists so fingertips are facing forward.



Night

Open hands, palms inward move down in front of body.

GREETINGS



Monday

Fingerspell 'M' taps palm twice. Mouth shape 'Monday'.



Tuesday

Fingerspell 'T' tap twice. Mouth shape 'Tuesday'.



Wednesday

Fingerspell 'W' tap twice. Mouth shape 'Wednesday'.



Thursday

Fingerspell 'T' then fingerspell 'H' in one fluid motion. Mouth shape 'Thursday'.



Friday

Fingerspell 'F' then the fingers on primary hand move in circular motion on top of stationary fingers.



Saturday

Hands flat in front of body, primary hand makes circular motions in front of stationary hand.



Sunday

Both hands open, palms facing. Palm to palm twice in front of body.

DAYS OF THE WEEK





Sidings Community Centre

SPRINT FOR SIDINGS



5K **FUN RUN**



**HAMPSTEAD
HEATH PARK
RUN, LIME
AVENUE NW3**

**SATURDAY
23RD
MARCH
9.00AM**



On Saturday 23rd March, our staff & trustees will be running and walking the 5K Hampstead Heath park run - raising funds to support the vital work we do here at Sidings Community Centre. Please help us to reach our £5,000 target by making a donation (online or in person) or even signing up to participate on the day

WWW.JUSTGIVING.COM/CAMPAIGN/SPRINTFORSIDINGS

SPRINTING & STRIDING FOR SIDINGS

REGISTERED CHARITY NO. 297095

Nursery and Reception classes participate in weekly Sign Language lessons. Avon & Lily classes wowed the audience at WHPS Performs in February; not only did they sing all of the words to 'Friend in Me' on stage but they confidently signed along too!





WEAR WHAT YOU LIKE DAY

Thursday 28th March



Pay through
Givey

Your donation
funds fun activities
for the kids.

Bingo Night

Join us for a night of fun and games at
our first Bingo Night!

THURS 18TH APRIL

7 PM - 9 PM

West Hampstead Primary

TICKETS ON SALE SOON!



@westhampsteadPSA



Charity number 1087315



ALL SCHOOL DISCO

Save the date
Thursday 2nd May

Tickets on sale soon!



Little Critters Stay 'n' Play (Under 5s)



Nature activities to encourage
curiosity and investigation.
Warm welcome, great coffee.

Term time

10am to 12pm FRIDAYS

We support families on low incomes by using a pay it forward system that relies on honesty about what you are able to donate. We do need to cover some costs, and so the minimum is £5, up to £12 + £2 for additional child, depending what you are able to contribute.

One free coffee included.

We don't want this fee to be a barrier to attendance. Please drop a message to Jenny 07432 423105 mentioning pay it forward Little Critters for no questions asked entry.

OUR YARD

at Clitterhouse Farm



Science of Surgery – Friday 12th April, 11am-4pm

Want to do something fun, FREE, and family-friendly over the Easter holidays? Then make sure you visit the UCL / WEISS annual science fair, Science of Surgery. On Friday 12th April 11am-4pm UCL / WEISS scientists and staff will lead hands-on demonstrations to children and adults, showcasing the cutting-edge medical research that they are working on. Use a medical ultrasound scanner, try simulated keyhole surgery, and go on behind-the-scenes tours of their labs to see robot surgeons. For more info visit:

<https://www.ucl.ac.uk/interventional-surgical-sciences/events/2024/apr/science-surgery-friday-12th-april-2024>



SUPPORTED BY
THE HOLIDAY
ACTIVITIES &
FOOD
PROGRAMME

CRICKET COACHING PROGRAMME

EASTER (WEEK 2)

VENUE: SOMERS TOWN COMMUNITY SPORTS CENTRE
134 CHALTON STREET
SOMERS TOWN
NW1 1RX

MONDAY 8th APRIL 2024: 10am-3pm

TUESDAY 9th APRIL 2024: 10am-3pm

WEDNESDAY 10th APRIL 2024: 10am-3pm

THURSDAY 11th APRIL 2024: 10am-3pm



PLATFORM

Supporting young people to progress
through and in cricket



IS THIS COACHING PROGRAMME FOR YOU?

This course is appropriate for any child in school years 4 to 7.

Children will experience cricket in a fun, safe and progressive environment, building on their development at an appropriate rate.

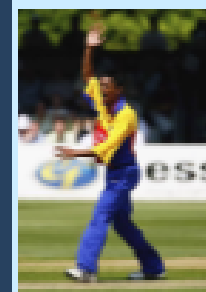
Both beginners and children who have experienced cricket before are welcome.

DETAILS

- **COST:** These courses are Free of Charge
- **PLACES:** Allocated to the first 30 respondents on a first come-first serve basis
- **AGES:** 8-12 Years Old
- **LUNCHES & REFRESHMENT:** Parents of children entitled to a Free School Meal will be provided with a hot lunch (Please highlight any dietary requirements when signing-up)
- **CLOTHING & EQUIPMENT:** Regular sports kit & trainers (non-marking soles); Personal protective equipment preferred, although we can supply if a child does not have their own

THE COACHES

LEAD: JAHID AHMED



Jahid Ahmed is a former Essex seam bowler who has worked extensively in youth cricket. He is one of an exclusive group of Level 3 coaches, he has led the development of junior cricket in East London and he is a fast bowling and high performance coach with Kent CCC.

OTHER COACHES INCLUDE:

Matt Golding (current Minor County Cricketer; Level 2 Coach), Jonathan Rodda (Club Youth Lead; Level 2 Coach), Matt Stiddard (London Schools U14 Lead; Level 2 Coach), Nikhil Nomula (Middlesex Youth; Level 3 Coach).



TO BOOK YOUR PLACE OR TO DISCUSS ANY ASPECT OF THE COURSE
PLEASE CONTACT:

NIKHIL NOMULA

MOB: 07428 528 325

EMAIL: nikhil.nomula@platform-LDN.org



CYCLETASTIC

2024

Fix, Learn, Ride

Free learn how to cycle or improve sessions and on road rides

**Meet at: Bike Hangars 80 Granville Road NW6 5RA
(behind the Granville Community Centre)**

Free one hour sessions

Wednesday and

Thursday evenings

16.30–17.30 and

17.30–18.30

April

10, 11, 17, 18, 24, 25

May

1, 2, 8, 9

June

5, 6, 12, 13, 19, 20, 26, 27

July

3, 4

September

18, 19, 25, 26

October

2, 3, 9, 10

**Free two hour rides on
road for new riders**

16.30–18.30

May

15, 16

July

10, 11

October

16, 17

Free Summer holiday

learn to ride or

improve sessions

11.00–13.00

August

6, 7, 8

Learn to cycle or improve is for all ages including adults starting from 9 years.

Children must be accompanied by a participating adult.

Adult and children's bikes & helmets provided.



Dr. Bike

For more info and to sign up:

(Please send your name, email & mobile number)



info@cycletastic.org.uk

Info:



www.cycletastic.org.uk

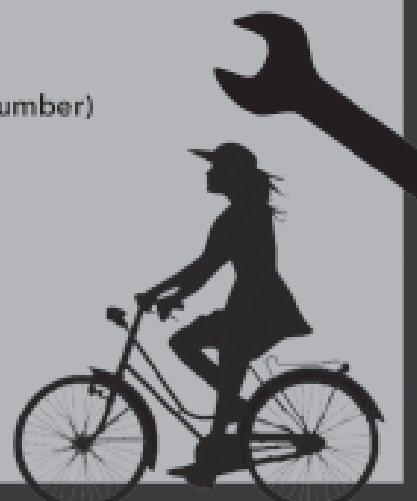
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CYCLETASTIC





CYCLETASTIC

Fix, Learn, Ride

Shed Opening Dates 2024

APRIL

20 Open 13-16.00
27 Free Dr Bike 9.30-13.00

Shed Open for Drop Ins
Shed Closed in afternoon

MAY

4, 11, 18 Open 13-16.00
25 Free Dr Bike 9.30-13.00

Shed Open for Drop Ins
Shed Closed in afternoon

JUNE

1, 8, 15, 22 Open 13-16.00
29 Free Dr Bike 9.30-13.00

Shed Open for Drop Ins
Shed Closed in afternoon

JULY

6, 13 Open 13.00-16.00
20 Free Dr Bike & Try a Bike South Kilburn Festival, Shed Closed PM
27 Free Dr Bike 9.30-13.00

Shed Open for Drop Ins
Shed Closed in afternoon

AUGUST

3 Open 13.00-16.00
10, 17, 31 Shed Closed
24 Free Dr Bike 9.30-13.00

Shed Open for Drop Ins
Shed Closed in afternoon

SEPTEMBER

7, 14, 21 Open 13-16.00
20 Free Dr Bike @ Priory Park Rd
28 Free Dr Bike 9.30-13.00

Shed Open for Drop Ins
KILBURN OASIS Event 1-4pm
Shed Closed in afternoon

OCTOBER

5, 12, 19 Open 13-16.00
26 Free Dr Bike 9.30-13.00

Shed Open for Drop Ins

NOVEMBER

2, 9, 16, 23, 30 Open 13-16.00

Shed Open for Drop Ins



Dr. Bike

For more info and to sign up:

(Please send your name, email & mobile number)

✉ info@cycletastic.org.uk

Info:



www.cycletastic.org.uk

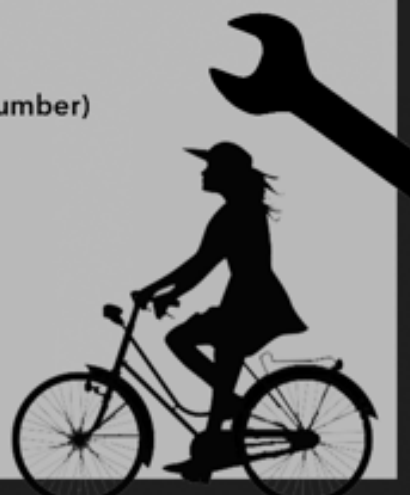
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CYCLETASTIC





CYCLETASTIC

2024

Fix, Learn, Ride

Free Dr Bikes

Cycletastic Bike Shed
Streatley Road NW6 7LJ

Saturday mornings

9.30–13.00

First come, first served.
Free repair for brakes,
gears, wheels, adjustments.
Free advice for larger jobs.
Basic parts provided

March

30

April

27

May

25

June

29

July

27

September

Friday 20, 14.00–18.00

(Priory Park Road NW6

Kilburn Oasis event),

28

October

26

Learn to fix sessions

Cycletastic Bike Shed
Streatley Road NW6 7LJ

Saturday mornings

10.30–12.45

Email booking essential
(see address below).

For beginners to
intermediate.

Learn how to fix punctures,
brakes, gears and make
minor adjustments.

April

20

May

18

June

15

July

20

September

21

October

19



Dr. Bike

For more info and to sign up:

(Please send your name, email & mobile number)



info@cycletastic.org.uk

Info:



www.cycletastic.org.uk

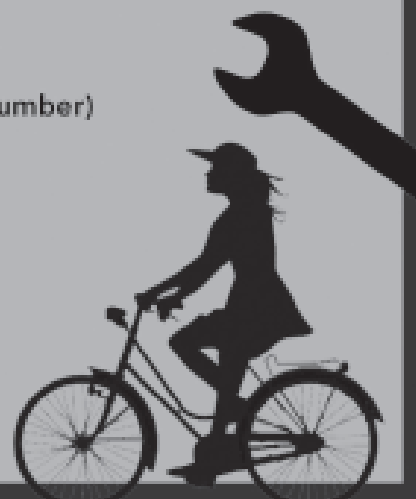
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CYCLETASTIC





Camden Foodbank

URGENT EASTER APPEAL

Please help us to feed local people in food poverty

EVERY £40 RECEIVED IN CASH DONATIONS PAYS FOR ONE EMERGENCY PACKAGE*



A well balanced 3-day emergency parcel for 1 person could mirror the photo above. (Cost per package may vary according to availability).

What are the different ways you can donate food to help local people at Easter?

Deliver food in person*

Day	Time	Address
Everyday	8 am - 10 pm	Camden Town Methodist Church, Wesley Hotel Camden Town, 89 Penton Street, London NW1 0JN
Tuesday	11.30 am - 3pm	Camden Foodbank, 14 Pratt Mews, London NW1 0AD
Friday	11.30 am - 3pm	Camden Foodbank, 14 Pratt Mews, London NW1 0AD
Sunday	10 am - 12pm	Camden Foodbank, 14 Pratt Mews, London NW1 0AD

Send by online shopping*

Day	Time	Address
Any Tuesday or Friday	11.30am - 2pm	Camden Foodbank, 14 Pratt Mews, London NW1 0AD

*Camden Foodbank is closed for Easter from 27th March 24 and reopens 5th April 24.

How to donate money?

INDIVIDUAL GIVING THROUGH JUST GIVING for Camden Foodbank through <https://checkout.justgiving.com/c/3445418> 100% of your donation will go directly to Camden Foodbank. We would be grateful if you can also select GIFT AID which will increase your donation.

FOR CHEQUES/DIRECT DEBITS AND OTHER WAYS OF GIVING
<http://camden.foodbank.org.uk/give-help/donate-money>



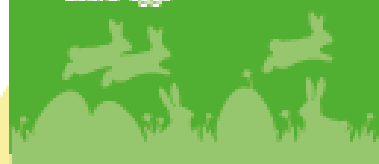
Camden foodbank 14 Pratt Mews, London NW1 0AD 07 871 248704 - (For Deliveries Only)
info@camden.foodbank.org.uk <https://camden.foodbank.org.uk>

Registered Charity No. 1049080



Camden Foodbank make up longlife emergency food parcels to support local people in food crisis. In order to make up well balanced food packages we need any of the items listed below:

- Tinned meat
- Tinned fish
- Tinned fruit
- Baked beans
- Pasta/Rice
- Pasta sauce
- Cereal
- Jam/Honey/Peanut butter
- Tea
- Coffee
- Sugar
- Cooking oil
- Longlife juice
- Longlife milk
- Washing up liquid
- Washing powder
- Shampoo/Soap
- Shower gel
- Toothpaste/Toothbrushes
- Deodorant
- Toilet paper
- Easter eggs



Just Giving for Camden Foodbank